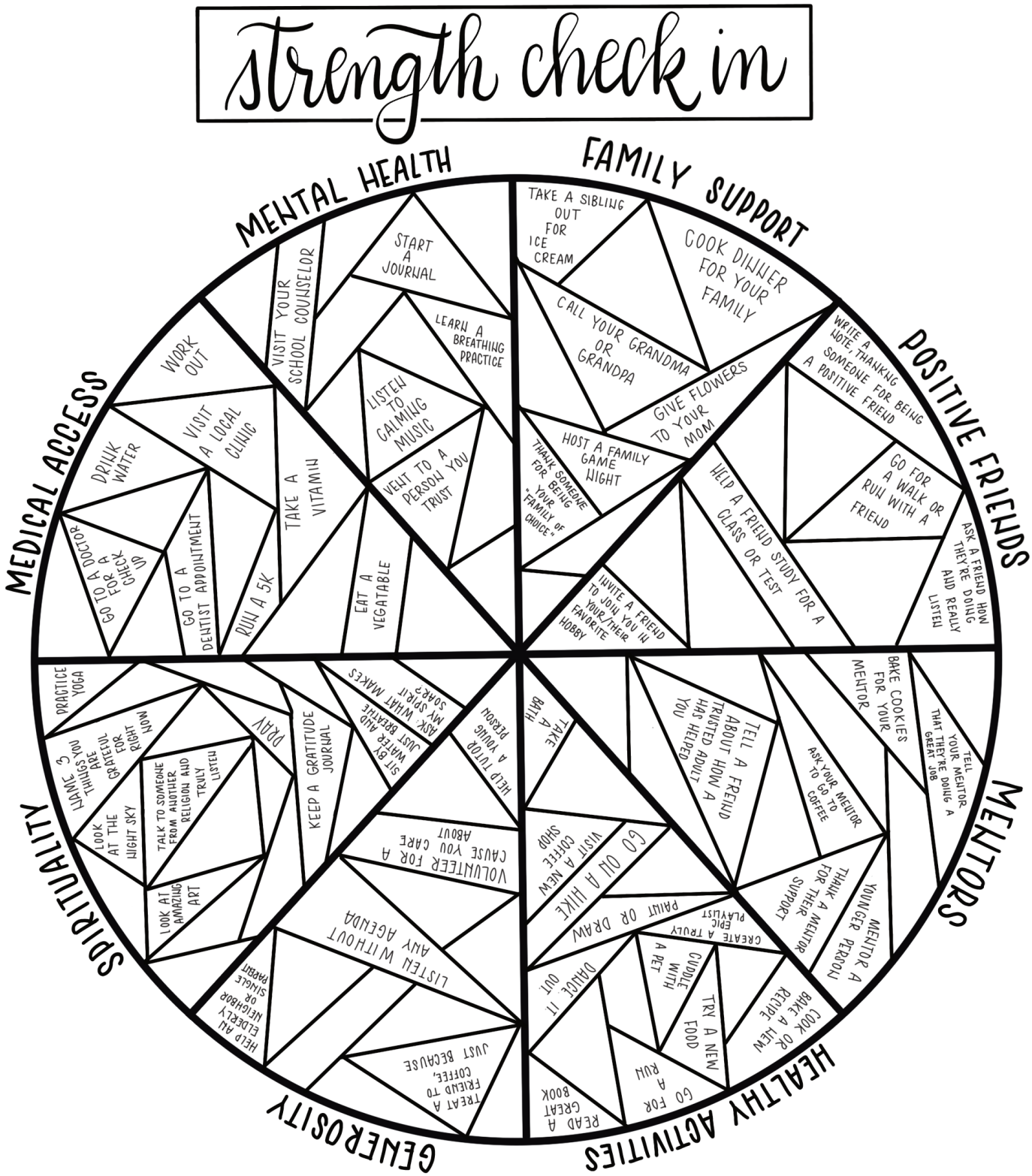Print or make copies of the Strength Check-In for each person in your household and complete the activity together. Alternatively, everyone in your home can choose one color and create a collective art piece representative of what strengths each person is practicing and what strengths they would like to explore.